

Rider:

Age:

### Requirements for C certificate

- You need to have a balanced seat, independent of the reins on the flat and over small fences (45 to 75 cms).
- You must show control of the pony/horse at all paces including gallop.
- You will need to demonstrate a reasonably comprehensive level of horsemastership.

For this level the exam is in 4 sections: presentation of horse and rider, riding, jumping and horsemastership.

Candidates must complete the C Certificate Manual and Activities Sheets and submit them to the C Certificate Examiner at least 2 weeks prior to the exam date. **Check with your club.**

### Pre-Exam Checklist

#### **PRESENTATION**

| Element                                   | You're kidding | Should be OK | No worries! |
|---|----------------|--------------|-------------|
| Rider to wear Pony Club uniform.          |                |              |             |
| Mount is clean and tidy.                  |                |              |             |
| Hooves clean and show evidence of care.   |                |              |             |
| Gear/tack is clean and correctly fitting. |                |              |             |

#### **RIDING SECTION**

| Element   | Bit of a struggle | Can give it a go | No worries! |
|---|-------------------|------------------|-------------|
| Mount and dismount from either side (can use a mounting block). |                   |                  |             |
| Alter stirrups and tighten girth whilst mounted.                |                   |                  |             |
| Ride with the reins in either hand.                             |                   |                  |             |
| Change direction at all paces.                                  |                   |                  |             |
| Increase and decrease paces.                                    |                   |                  |             |
| Knowledge of paces and footfalls.                               |                   |                  |             |



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|   |  |  |  |
|---|--|--|--|
| Walk and trot on a long rein.                             |  |  |  |
| Walk and trot without stirrups.                           |  |  |  |
| Sitting trot for short periods.                           |  |  |  |
| Know and use the correct diagonal at trot.                |  |  |  |
| Recognise leading leg at canter (may look down to check). |  |  |  |
| Canter on a nominated leg.                                |  |  |  |
| Gallop.   |  |  |  |
| Balance exercises at the halt and walk.                   |  |  |  |
| Show proficiency in Mounted Games.                        |  |  |  |
| Know the rules and traffic signals when riding on roads.  |  |  |  |

## **JUMPING**

| <b>Element</b>  | <b>Bit of a struggle</b> | <b>Can give it a go</b> | <b>No worries!</b> |
|---|--------------------------|-------------------------|--------------------|
| Jumping fences 45 cm to 75 cm in height.                            |                          |                         |                    |
| Jumping spreads 45 cm to 75 cm in width.                            |                          |                         |                    |
| Jumping combinations with a minimum of 1 non-jumping stride (1NJS). |                          |                         |                    |
| Riding a small show jumping course.                                 |                          |                         |                    |
| Ride over varied terrain, including some cross country obstacles.   |                          |                         |                    |



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**HORSEMASTERSHIP\*** elements may be tested in the written paper

| <b>Element</b>   | <b>Haven't a clue</b> | <b>Can give it a go</b> | <b>No worries!</b> |
|--|-----------------------|-------------------------|--------------------|
| Care and fit of saddle and bridle.   |                       |                         |                    |
| Parts of saddlery and uses.  |                       |                         |                    |
| How to rug a quiet horse.  |                       |                         |                    |
| Fit, use and care of rugs.   |                       |                         |                    |
| Elementary knowledge of shoeing and care of the feet.                              |                       |                         |                    |
| Explain the use of the farrier tools: rasp, hammer, toe knife, buffer and pincers. |                       |                         |                    |
| Tie up a pony/horse with a head-collar or halter.                                  |                       |                         |                    |
| Prepare the horse for traveling, including bandages.                               |                       |                         |                    |
| Points of the horse, colours and markings.   |                       |                         |                    |
| Measure the height of a horse.   |                       |                         |                    |
| Describe what to look for when choosing a paddock for your horse.                  |                       |                         |                    |
| Prevention and treatment of girth galls, sore back, and sore mouth.                |                       |                         |                    |



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|---|--|--|--|
| Prevention of tetanus.  |  |  |  |
| Worm and bot control.   |  |  |  |
| Care of teeth and why they need attention.                                  |  |  |  |
| Basic First Aid Kit.  |  |  |  |
| When to call the vet.   |  |  |  |
| Identify: lameness, stone in the foot, and minor wounds of the foot/leg.    |  |  |  |
| Identify swelling and heat in the leg or foot.                              |  |  |  |
| Identify common causes of injuries and the prevention of such.              |  |  |  |
| Identify the symptoms of greasy heel, seedy toe, cold, colic and strangles. |  |  |  |
| Identify the symptoms and preventive measures for laminitis.                |  |  |  |
| Use of grooming tools.  |  |  |  |
| How to wash your horse and why, and aftercare.                              |  |  |  |
| The usual signs of good/poor health in a horse.                             |  |  |  |



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|---|--|--|--|
| Outlining a daily feeding, watering and care routine.           |  |  |  |
| Preparing for a Pony Club Camp or similar high intensity event. |  |  |  |

### **GENERAL KNOWLEDGE**

| <b>Element</b>  | <b>Haven't a clue</b> | <b>Can give it a go</b> | <b>No worries!</b> |
|---|-----------------------|-------------------------|--------------------|
| Know the names of the Pony Club Zone personnel.               |                       |                         |                    |
| Knowledge of local area and horse places of special interest. |                       |                         |                    |
| Local equestrian personalities.                               |                       |                         |                    |

### **AREAS I NEED TO BRUSH UP ON:**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.