



Be active

Have an Active April

Get a team together from your club, zone or riding centre and add up your daily activity. Visit the 10,000 steps website 10,000 Steps Website <https://www.10000steps.org.au>

More details on page 4 of the [April PCA newsletter](#). We have lots of prizes to thank you for taking part. Every participant gets a 50% discount code for the online courses at 'The Horse Riders Mechanic' and the full Equiculture course at [Equiculture](#), as well as a 10% discount code to spend at [Shezam Equestrian](#). Many other prizes for individual and team top score, highest average, most improved, most innovative and most enthusiastic.



Improve your own health and wellbeing with The Riders Pod

Support your health, nutrition and fitness goals with The Riders Pod. Plenty of at-home workouts for all fitness levels.

PCA Members save 20% on monthly subscriptions and 30% off annual subscriptions <https://theriderspod.com.au>



The Riders Pod

Enter an on-line horse competition

Video yourself and submit it to the event organiser. The Horseland digital dressage competition is free to enter. More details here. Closes April 13th

<https://www.horseland.com.au/digital-dressage-competition.html>



Many Pony Clubs are also running virtual competitions so check out your local calendar. There are lots more to come.

Set up a record for your horse care regime on Hopoti

The [Hopoti horsecare module](#) lets you keep all of the information in one place

Get crafty

Make something cool from a huge list of [DIY horse projects on YouTube here](#)



#ponyclubplanB